

Durable proteinuria reduction over 2 years with Nefecon treatment: A secondary analysis of the full NeflgArd Phase 3 trial results

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INTRODUCTION

Immunoglobulin A nephropathy (IgAN) is a chronic autoimmune kidney disease characterized by IgA deposition in the glomeruli.¹ Proteinuria is a common clinical manifestation of IgAN, and persistent proteinuria is a risk factor for progression to kidney failure. Changes in proteinuria can be measured to determine the efficacy of IgAN treatments.^{2,3} Previous findings from the Phase 2b NEFIGAN trial showed that patients treated with Nefecon 16mg/day for 9 months, with a 3-month follow up, showed a reduction in urine protein-to-creatinine ratio (UPCR) compared with placebo.⁴ In the interim analysis of the Phase 3 NeflgArd trial (N=199), patients treated with Nefecon 16 mg/day in addition to optimized standard of care (SOC) had reduced proteinuria versus placebo and an estimated glomerular filtration rate (eGFR) treatment benefit of 3.87 mL/min/1.73 m² after a 9-month course of treatment.³ These findings led to the FDA and EMA approval of Nefecon in patients with primary IgAN.^{3,5} Here, we present results from the entire 2-year NeflgArd study consisting of the full dataset of 364 patients with primary IgAN.

AIM

To assess the durability of effect of Nefecon 16 mg/day over 9 months of treatment and subsequent 15 months of follow-up on proteinuria reduction vs placebo in patients with IgAN in the full Phase 3 NeflgArd trial.

METHODS

NeflgArd was a 2-part randomized, double-blind, placebo-controlled study. Patients received Nefecon 16 mg/day or placebo, in addition to optimized SOC for 9 months, with a 2-week tapering period, followed by a 15-month blinded observational follow-up with continued optimized SOC.

Key inclusion criteria:

- Patients aged ≥18 years with biopsy-confirmed primary IgAN
- UPCR ≥0.8 g/g or proteinuria ≥1 g/24 h, despite optimized renin-angiotensin system blockade
- eGFR of 35–90 mL/min/1.73 m²

Key exclusion criteria:

- Other glomerulopathies and nephrotic syndrome
- Kidney transplant
- Systemic diseases that may cause mesangial IgA deposition
- Poorly controlled blood pressure (≥140/90 mmHg)

METHODS (CONT.)

Pre-defined secondary efficacy endpoints: **time-averaged urine protein-to-creatinine ratio (UPCR)** and **urine albumin-to-creatinine ratio (UACR) between 12 and 24 months** following the first dose of the study drug and expressed as ratios vs baseline.

UPCR and UACR data were based on a 24-hour urine protein collection and were log-transformed prior to analysis using a mixed-effects model for repeated measures (MMRM) including all timepoints from 3 months onwards.

UPCR and UACR values at 12, 18, and 24 months were given equal weight to obtain the geometric mean treatment effect during follow-up.

RESULTS

Baseline characteristics were **well balanced** for the Nefecon 16 mg and placebo groups (Table 1).

Table 1: Patient demographics and baseline characteristics in the NeflgArd full analysis set.

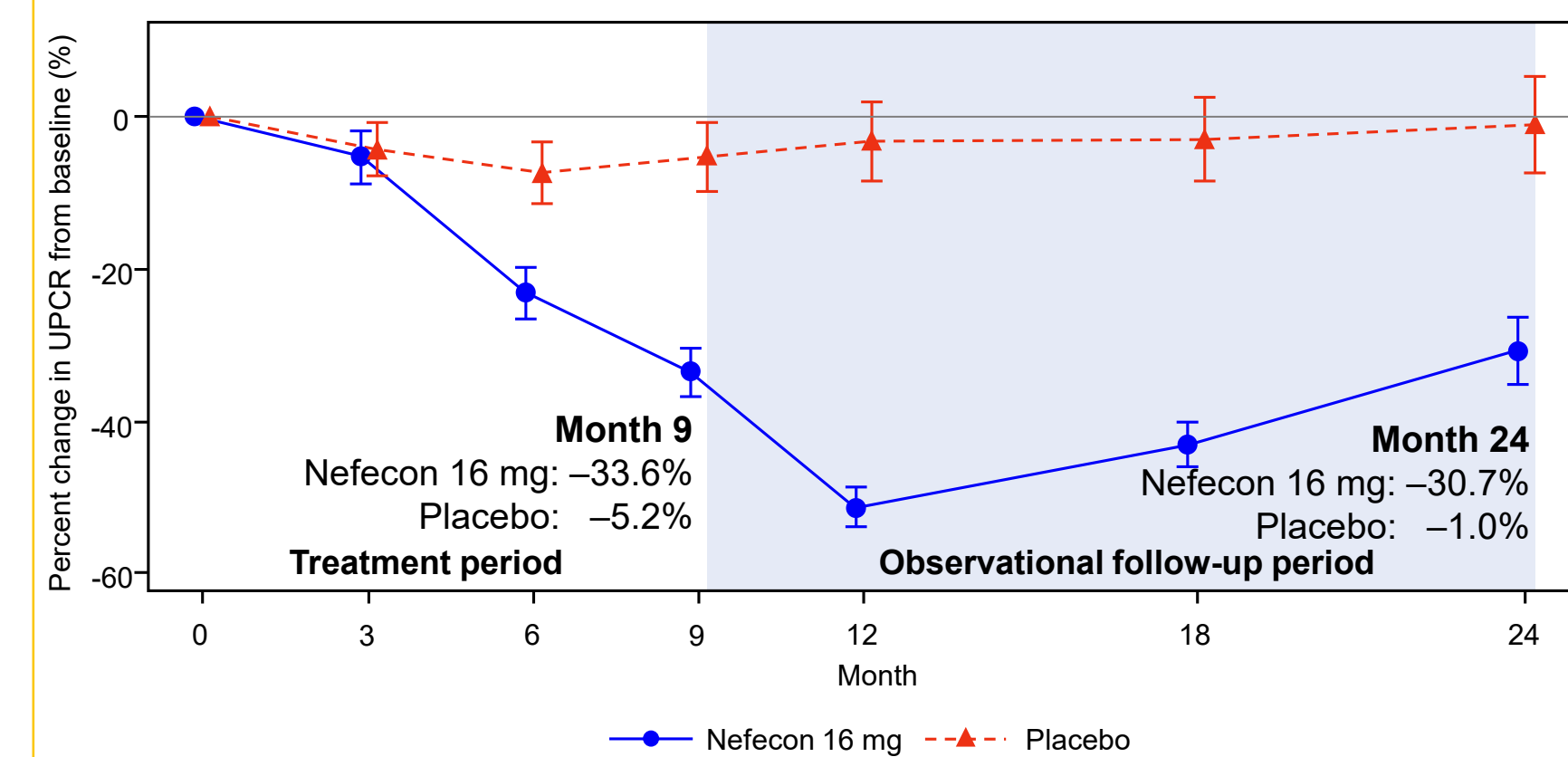
	Nefecon 16 mg (n=182)	Placebo (n=182)
Age (years), median (range)	43 (21–69)	42 (20–73)
Sex (n, % male)	117 (64)	123 (68)
Race (n, % White)	138 (76)	137 (75)
Race (n, % Asian)	43 (24)	40 (22)
Systolic BP, median (range)	126 (121, 132)	124 (117, 130)
Diastolic BP, median (range)	79 (76, 84)	79 (74, 84)
UPCR (g/gram), median (IQR)	1.28 (0.9, 1.8)	1.25 (0.9, 1.7)
UACR (g/gram), median (IQR)	0.99 (0.7, 1.4)	0.98 (0.7, 1.4)
eGFR CKD-EPI (mL/min/1.73 m ²), median (IQR)	56.1 (46, 71)	55.1 (46, 68)

BP, blood pressure; CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; eGFR, estimated glomerular filtration rate; IQR, interquartile range; UACR, urine albumin-to-creatinine ratio; UPCR, urine protein-to-creatinine ratio.

RESULTS (CONT.)

At 24 months, UPCR was reduced by 30.7% from baseline in the Nefecon group compared with 1% in the placebo group (comparative reductions at the end of the 9-month treatment period were 33.6% and 5.2%, respectively; Figure 1).

Figure 1: Percentage change in UPCR (g/gram) from baseline (full analysis set).



UPCR, urine protein-to-creatinine ratio.

The pre-defined secondary analysis of durability of proteinuria reduction showed:

- UPCR was significantly reduced by 41% over 12–24 months in the Nefecon group compared with placebo (95% CI 32–49%, p<0.0001; Table 2)
- UACR was also significantly reduced by 46% over 12–24 months in the Nefecon group compared with placebo (95% CI 37–55%, p<0.0001; Table 2).

Table 2: Ratio of UPCR and UACR averaged over 12–24 months compared with baseline using MMRM (full analysis set).

	% change vs placebo (95% CI) p-value ^a	% change from baseline (95% CI), Nefecon 16 mg (n=182)	% change from baseline (95% CI), placebo (n=182)
UPCR	41% (32–49%) p<0.0001	–40% (–46%, –34%)	1% (–9%, 12%)
UACR	46% (37–55%) p<0.0001	–48% (–54%, –42%)	–4% (–15%, 8%)

^aCorresponding percentage reduction and 95% CI is derived from (1–ratio of geometric least squares means) × 100.

CI, confidence interval; MMRM, mixed-effects model for repeated measures; UACR, urine albumin-to-creatinine ratio; UPCR, urine protein-to-creatinine ratio.

CONCLUSIONS

These secondary analyses show that after 9 months of Nefecon 16 mg/day treatment, a clinically relevant reduction in proteinuria (as measured by UPCR and UACR) was seen in patients with primary IgAN. This effect was durable, being maintained throughout the 15 months' off-drug observation period. These results lend further support to the clinical benefit of Nefecon as well as provide further evidence of a disease-modifying effect.

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